



April 27, 2025  
Bulletin #17

## *Our Lady of Lebanon Maronite Catholic Church*

2216 Eoff Street, Wheeling, WV 26003

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Monsignor Bakhos Chidiac, Pastor

Mary Lee Porter, Ed.D. Organist



### *2<sup>nd</sup> Sunday of the Resurrection (New Sunday)*

- \***Weekend Masses:** Saturdays: Mass at 4:00 p.m. and Sundays: Mass at 10:30 a.m.
- \***Weekday Masses:** Mondays and Wednesdays and Fridays: No Mass. Pastor's office work.  
Tuesdays and Thursdays Mass at 12:00 Noon
- \***Benediction of the Blessed Sacrament:** Every 1<sup>st</sup> Saturday and Sunday of the month after Mass.
- \***Confession:** Saturday: 3:00 p.m. to 3:45 p.m. or any other time by appointment.
- \***Baptism:** Please call the Pastor as soon as baby is born; at least one Godparent must be Catholic.
- \***Weddings:** Please make arrangements at least six months in advance before any other plans are made.
- \***Sick Calls & Anointing of the Sick:** Please notify the Pastor at 304-233-1688
- \***Parish Council:** Lou Khourey, Susan (John) Burns, Mark McLaughlin, Liz Murad, Gary Weisner.
- \***Choir Members:** Lou Khourey, Robert Harris, Joe Simon, Shelly Hancher, Holly Stahl.
- \***Bulletin Coordinator:** Thomasina Geimer
- \***Altar Server:** Joe Roxby
- \***Altar Boy:** Christopher AlKhoury
- \***Cedar Club:** Linda Duffy, President
- \***Women's Society:** Jeannette Wakim, President



#### \***Bulletin Announcements:**

Submit all Bulletin Information to Msgr. Bakhos by Noon on Tuesday every week.

#### \***New Parishioners:**

We welcome you with great joy & invite you to officially register as one of our parishioners.

\***Remember the Church in your Last Will & Testament:** Her prayers will accompany you to heaven.

## ***2<sup>nd</sup> Sunday of the Resurrection***

Readings: Is 52:7-12; 2Cor 5:11-21 and Jn 20:26-31

### **NEW SUNDAY**

Eight days after Easter Day, i.e. on the Sunday after Easter, the disciples had gathered together again, Thomas being present. It is interesting to recall what John has already told his readers about Thomas. It was Thomas who, when the disciples generally were trying to persuade Jesus not to return to Bethany at the time of Lazarus' fatal sickness, exclaimed with perhaps more impulsiveness than prudence: ***“Let us also go with Him, that we may die with Him”*** (11:16). It was Thomas also who, at the Last Supper, interrupted the discourse given by the Lord to say to him: ***“Lord, we do not know where you are going: how can we know the way?”*** His was a nature evidently impulsive, loyal, discerning, and yet not capable of much sustained thought. When Jesus appeared to the disciples on this second occasion, he seemed to have come primarily to meet Thomas, and to meet him (as in ch.21 he meets Peter) in the full presence of his fellow-disciples. The Lord met the company with his new-old greeting: ***“Peace be with you”***, and then turned specifically to Thomas. ***“Put your finger here, and see my hands; and put your hand, and place it in my side; do not be faithless, but believing”***.

So at last Thomas was able to have all the proofs he had desired. Now was his chance to demonstrate that ***“seeing was believing”***. Yet he did not take it. To the almost impossibly generous invitation to the good skeptical mind he responded with something as far removed from skepticism as anything in scripture, with the words; ***“My Lord and my God.”*** The words **MY LORD** would have sufficed to show that Thomas was now as satisfied as any other of the disciples that Jesus had returned to them; in adding the words **AND MY GOD** he is taking a step beyond the intra-human relationship between disciple and Rabbi into a new one where a man is brought into the presence of his God. And this, of course, is the crown of the Johannine Gospel.

### ***Turn off your cellular phone before you enter the church***

It is a Common Sense that people silence or turn off their cellular phone before entering the church to pray and focus on prayers. Many public places display signs asking “Turn off your cell phone.” It is the right of every worshiper not to be disturbed while praying. Two signs are posted inside our church to this regard. Thanks for your cooperation and understanding.  
—Monsignor Bakhos

### ***This Weekend, April 26-27: New Sunday***

#### **Saturday, April 26 Mass at 4:00 p.m.:**

- † Isaac C. Nolte (Anniversary) by Janet Shutler
- † Rosalie Olinski (Birthday) by Mary Ragase
- † Deceased Family members of the Roxby Family by Joe Roxby

#### **Sunday, April 27 Mass at 10:30 a.m.:**

- † Mickey McLaughlin (Anniversary) by Mark & Barb McLaughlin
- † Kathleen and Stanley Olinski (Birthday) by Mary Ragase
- † Robert Saseen (Illinois) by his friends the Tarazi Family of Wheeling

### ***Next Weekdays Mass Schedule***

**Monday, April 28:** No Mass. Pastors' day off.

#### **Tuesday, April 29 Mass at 12:00 Noon:**

- † Janis & George Thomas (Ohio) by their last will
- † Sylvia Long, her husband Arthur, & her son Mark by her last will
- † Rosella Saseen, parents Nancepe & Helen, grandparents Shikrey & Helen Saseen by her last Will

**Wednesday, April 30:** No Mass. Pastors' office work.

#### **Thursday, May 1 Mass at 12:00 Noon:**

- † Mary Zaid Stees, Elizabeth A. Magnone, Tom Ferris by Libby G. Magnone
- † Robert Saseen (Illinois) by his friends the Tarazi Family of Wheeling

† Noel Foreman by his wife Anne and Family

**Friday, May 2:** No Mass. Visitation of the sick.

## ***Next Weekend, May 3-4: May Crowning***

### **Saturday, May 3 Mass at 4:00 p.m.:**

† Deceased Family members of the Roxby Family by Joe Roxby

† Rosalie Olinski (Birthday) by Mary Ragase

† Noel Foreman by his wife Anne and Family

### **Sunday, May 4 Mass at 10:30 a.m.: May Crowning after Mass**

† June Fahey (Anniversary) by George & Patty Fahey

† Harry J. Nolte (Anniversary) by Janet Shutler

† Robert Saseen (Illinois) by his friends the Tarazi Family of Wheeling

## ***Diocesan Appeal fulfilled***

--Cathy Goodson in Memory of her mom Evelyn Goodson

--Mark & Catherine John in Memory of Fred & Rita John

## ***Coming Parish Events***

Sunday, May 4	May Procession. Ma'lia Shia will be the May Queen.
Sunday, May 11	Mother's Day Brunch served by the gentlemen of the parish after Mass
May 10 - May 18	Masses for the Deceased and Living Mothers and grandmothers. Please submit your Mass Form to Msgr. Bakhos to publish your intentions.
Sunday, May 11	Mother Day
Spring Bake Sale	Kibbee baking: Wednesday, May 14 Meat pie baking: Thursday, May 15 Order pick-up: Saturday, May 17
Sunday, June 15	Father's Day
Thanksgiving Bake Sale	???????

## ***Mother's Day Brunch (Sunday, May 11 after Mass)***

On Mother's Day, Sunday May 11, the gentlemen of the parish are serving a brunch to honor all mothers. In return, the ladies will serve a brunch on Fathers' Day, June 15<sup>th</sup> to honor all fathers. All are invited.

## ***Festival (Mahrajan) News (Sunday, August 10 from 11 to 6pm)***

--**Outdoor Mass** at Oglebay at 10:00 a.m. Booths open after Mass. No Mass at the church on August 10th.

--**Table Reservations** (ready to be reserved):

1-Under the Tent = \$130. One (1) table and eight (8) chairs under the tent.

2-Open-air = \$65. One (1) wooden picnic table in open-air (under the trees).

Reservation due date: May 15, 2025. Please call Msgr Bakhos at 304-233-1688 to reserve a table.

--**50/50 RAFFLE Tickets \$10,000 Prize** (Ready for sale):

...The festival 50/50 Raffle tickets are now ready for sale for \$20 per ticket! We have only printed 1,000 tickets. If all tickets are sold, there is an opportunity to win \$10,000 Cash! Tickets can be purchased from Monsignor Bakhos at 304-233-1688. Once received, Monsignor will fill-out the raffle ticket and mail the stub to the buyer. THANK YOU for helping us defraying the expenses of the Festival.

## ***Masses for the Living & Deceased mothers & grandmothers***

***From Saturday, May 10 until Sunday, May 18:***

## ***Masses for the Deceased Mothers and Grandmothers***

† Special Remembrance on these special days:

- on May 11: Gladys Howard by Lou, Charlotte & Louie Khourey
- on May 11: Mary Zaid Stees, Elizabeth A. Magnone, Tom Ferris by Libby G. Magnone
- on May 17: Earl Ragase (Birthday) by his wife Mary Ragase
- on May 18: Rose Olinski (Anniversary) by Mary Ragase
- † Deceased mothers & grandmothers of Jamil Harb (MI)
- † Louise N. Khourey & Gladys V. Howard by Lou & Charlotte and Emmalena and Louie
- † Emily Nader & Nabiha "Lena" Khourey by Lou, Charlotte, Emmalena & Louie Khourey
- † Minnie Church Riggs & Cassandra "Cassie" Howard by Lou, Charlotte, Emmalena & Louie Khourey
- † Sadie Chidiac (mother), Kathrine & Hasibi (grandmothers) by Msgr. Bakhos
- † Mahasen Kazour by her daughter Jocelyne Chahine and Family (Pittsburgh)
- † Catherine Arthur by her daughter Carol Burkhart
- † Sylvia Long, her husband Arthur, & her son Mark by her last will
- † Janis & George Thomas (Ohio) by their last will
- † Eva M. Coury by her son Richard Coury
- † Rosella Saseen, parents Nancepe & Helen, grandparents Shikrey & Helen Saseen by her last Will
- † Mary Ann Coury by Richard Coury
- † Sara (Joseph) McLaughlin & Selma Joseph by Mark & Barb McLaughlin
- † Mary Miller by Mark & Barb McLaughlin
- † Pearl (Nolte) Shutler & Isabelle (Frey) Nolte by Janet Shutler
- † Clara Shutler by Janet Shutler
- † Shirley Elias Nickerson & Amelia Elias by their Loving Family
- † Mariam Joseph & Mary Catherine Habeb by Jean Weisner and Family
- † Chamse Rahi and Marie Rouhana by the Peklinsky Family
- † Dorothy Schweizer by Mary Lee & Dennis Porter
- † Viola Porter by Mary Lee & Dennis Porter
- † Martha Saseen by her son George Saseen
- † Elizabeth Harasuik by her daughter Susan Saseen
- † Mary K. Ferris by Denise Ferris
- † Georgette Joseph, Nancy Valles & Betty Allen by Vickie Joseph
- † Anne Bott & Angela Henning by Don & Roberta Henning
- † Dolores M. Fahey by Jackie & Pat Petros
- † Betty Lou Petros by Jackie & Pat Petros
- † Ginny, Martha, Anna Shia & Edna Jochum by their children & grandchildren
- † Lucille Gibbons by Bob & Paula Gibbons
- † Elizabeth A. Magnone, Giovanni Magnone, Josephine Ferris, Nancy Coffield, Isabel Wolfe, Mary K. Ferris, Bess Garcia, Mary Stees and Zaid Ferris by Libby G. Magnone
- † Charlotte George and Beatrice Stiles by Margaret George (MN)
- † Maryanna George by Margaret George (MN)
- † Cecilia Habdo Mays & Sada Habdo by Carol Dougherty (OK)
- † LaVerne Thomas and Siham Frenn by Dr. Adel, Diane & Justin Frenn
- † Anita Martha Weisner & Mariam Joseph by Mary Beth Weisner
- † Helen Schroeder by her son Mark Schroeder & her daughter Jane Wine
- † Dolores Palotay by the Palotay & Jarrett Families
- † Fran Huffman by Debbie & Mark Huffman
- † Lucy Gibbons & Ann Otterbeck & Sadie Coury by Ron & Kim Gibbons
- † Nell Duffy & Rose Fadoul by Earl & Linda Duffy
- † Eileen M. Hatty, Mary Ann Hatty & Cecilia F. Hatty by Judge Michael P. Hatty & Family
- † Rose Ann Palsinelli by Rosalie Conti
- † Lance Crawley by Rosalie Conti
- † Agnes Jacovetty by Patricia & George Fahey
- † June Fahey by George & Patricia Fahey

- ✠ Mary (Joseph) Shipley & Salema (Awed) Joseph by Thomasina Geimer
- ✠ Annette Togliatti by GiGi Rice
- ✠ Sadie Harb by GiGi Rice
- ✠ Viola Jeannette Yeater and Viola J. Belt by Chris & Jeannette Wakim and Family
- ✠ Laura Z. Wakim and Edna Wakim by Chris & Jeannette Wakim and Family
- ✠ Margaret Glaser by her Family
- ✠ Ella Boehm by her Family
- ✠ Mary Popovich, Kay Popovich and Anna Popovich by Joe & Nikki Popovich
- ✠ Helen Fielding, Freda Hartman and Angela Montalbano by Joe & Nikki Popovich
- ✠ Emily Shia Vince and Anna Shia by their children and grandchildren
- ✠ Patricia Gompers by the Matt Gompers Family
- ✠ Sharon Rose Wetzal and Lilly Hebdo by Rose Sharon Hebdo
- ✠ Cecilia John and Carol Burns by their loving children Susan and Ron Burns
- ✠ Sadie John, Tamamie Joseph and Sarah Burns by their loving grandchildren Susan and Ron Burns
- ✠ Milly Manners by NiNi Miller
- ✠ Dorothy Saseen and Marie Connell by Jim & Pat Saseen Connell
- ✠ Mary Jean Stanton and Theresa Sofka by Mr. & Mrs. Mike Sofka
- ✠ Anna Spyra by Mr. & Mrs. Mike Sofka
- ✠ Rosemarie Henry and Alma Erbacher Welty by Patrick Henry
- ✠ Barbara Orr Wynsel by Laurie Henry
- ✠ Bernadine Elias by Mike & Terri Golebiewski
- ✠ Violet Golebiewski by Mike & Terri Golebiewski
- ✠ Virginia Porchiran and Ann Ragus by Kathleen George and Family
- ✠ Siberia Cater (Aunte) by Dr. Maryann Cater
- ✠ Foumia Saad Cater (mother) by Dr. Maryann Cater
- ✠ Mary Piko (mother) and Lottie Elwartoski (aunt) by Marcia Laughlin
- ✠ Evelyn Goodson and Mary Joseph by Cathy Goodson
- ✠ Patricia Ross Hankish by Rose Hankish
- ✠ Mary Popovich by her granddaughter Nicky Lenz and Family
- ✠ Barbara Lenz by Nicky Lenz and Family
- ✠ Lottie Elwartoski by her son Richard Elwartoski

### *Masses for the Living Mothers and Grandmothers*

- ✠ Barb McLaughlin by Brad McLaughlin and Kristen Graney
- ✠ Barb McLaughlin by Nathan and Shane Graney
- ✠ Charlotte Khourey by her children Emmalena and Louie
- ✠ My sisters by Msgr. Bakhos
- ✠ Jocelyne Chahine (Pittsburgh) by her children and grandchildren
- ✠ Susan Saseen by her granddaughter Ginny Naswadi
- ✠ Nancy Valles by Vickie Joseph
- ✠ Josie Fertig, Arlene Magnone, Caroline McDowell, Carla Ferris, Lacey Magnone, Amanda Buzzard, Maria Rayl, Brea Wayt, Angela Snyder, Sherry Sullivan by Libby G. Magnone
- ✠ Diane Frenn and Brenda Riedel by Dr. Adel and Justin Frenn and Andreah, Zack & Christian Riedel
- ✠ Margaret Jean Joseph Weisner by Mary Beth Weisner
- ✠ Dolores Oser by Debbie & Mark Huffman
- ✠ Nikki J. Lenz by Joe & Nikki Popovich, PJ Lenz, Lindsay and Luke Lenz
- ✠ Nikki A. Popovich by Joe Popovich
- ✠ Nikki Popovich and Helen Fielding by their daughter Nicky Lenz and Family
- ✠ Sally Joseph by Nicky Lenz and Family
- ✠ Andreah Riedel by Dr. Adel & Diane and Justin and Zack and Christian Riedel

## ***Birthdays Wishes in the Coming Month***

May 5:	Eden DeMuth
May 6:	Nikki Lenz
May 16:	Jacqueline Petros
May 17:	Tina Kitlak, David Weisner
May 18:	Millet L. Fadoul
May 23:	Danny Ferrera
May 27:	Emmalena Khourey, Brad McLaughlin
May 30:	Josie Stees Fertig

## ***Your Church Support Last Week***

\$2,273.00	Sunday Collection
285.00	2 <sup>nd</sup> collection: Holy Land
39.00	Candles
45.00	Donation to the church
3,600.00	Mahrajan
\$6,242.00	Total Deposits: May God reward you abundantly for supporting your spiritual home! Finance Committee: Lou Khourey, Susan Burns, Liz Murad, Mark McLaughlin

## ***Please Pray for Those on Our Prayer List***

(Note: Please call Msgr. Bakhos if you need your name added to our Prayer List. HIPPA regulations)

Brian Bleifus, Earl & Linda Duffy, Julia Schiess (daughter of Leo Bleifus), Mary Ragase, Becky Ferrera, Gavin Hancher, Monroe DeLuca, Sally Sengewalt, Mary Zigler (sister of Lillian Siebieda), Dolores Oser, Anthony Wakim, Fran Saseen, Sandra DeMuth, Justin Frenn, Elia Frenn, Patty Fahey, Patty Olinsky, Fred Schweizer (brother of our organist Mary Lee Porter), Denny Albaugh, Rita Rae Sage,

## ***What's New?***

### ***Welcome New Parishioners***

We welcome every Christian and every Family into our church. We are happy that you are benefiting spiritually from our rich eastern catholic faith and tradition. We will be honored to serve you in all your needs. Please write your address on a sheet of paper and drop it in the collection basket so that we can mail you information about our events. Thanks you for your cooperation. —Monsignor Bakhos

### ***Rummage Sale Items Drop off (all Year Long)***

Please bring with you to the church all the items you wish to donate toward the Rummage Sale. Items are accepted all year long. The Cedar Club and the Women Society raise funds to cover the Building Insurance of our church which exceeds \$22,000. Any donation is accepted and helpful. We will open the basement door for you anytime. Please call 304-233-1688

## ***Question & Answer (#12)***

**Question #12:** “If God cares for people, how come He lets people kill each other?”

**Answer:** For the same reason He lets people love each other. He loved us so much that He gave us the tremendous gift of free will.

God wants human beings to choose Him freely. He doesn't want to force Himself on us. God gave us wills so we would be able to experience some of the joy He knows as God. This joy comes from the divine love, and this type of love requires freedom. (Freedom involves the ability to freely give one's self to another.) You cannot force such love; not even God can force us to love Him in this sense.

Man cannot be free to love God without having, at the same time, the freedom to reject Him. With this freedom comes the possibility of evil, which God hates but does allow. It is this free will that enables some men to embrace evil. This can lead to sin, including murder. Rest assured, however, that neither iniquities nor injustices will go unpunished in the eternal courtroom.

## ***Giving in Scriptures***

### *The man who inherited a rice field*

There is a parable told in India about the selfish man who inherited a rice field. The first year the man irrigated the field and it was fruitful. The water, in fact, flowed onto his neighbor's field and this too produced a bountiful harvest.

But the next year the selfish man decided: Why should I let this water flow through my field into his? Water is precious and I must keep it. So he built a dam. This prevented the water from flowing into his neighbor's field but, it proved disastrous to his own crop as well. Irrigation water nourished the field only if it flowed. When it did not move, because of the dam, the water became stagnant and the field a swamp.

We own no rice fields. Still, the parable is clear. Think of what we have inherited from God; think of all he has given us. If we are selfish and keep it all for ourselves, our lives become stagnant, a dismal swamp of mere existence. But if we give back to God by giving to others, both the giver and the receiver share in the fruits of God's love.

## ***Spirituality: Salvation***

Sit in your cell, as in Paradise; leave all memory of the world behind you; watch your thoughts, as a good fisherman watches the fish. Salvation consists in the chanting of psalms; do not abandon it. Remain always in fear and trembling, in the presence of God, like one who stands before an emperor.

—from the fathers of the desert

## ***Wisdom: Tomorrow***

He was going to be all that a mortal should be	To-Morrow.
No one should be kinder or braver than he	To-Morrow.
A friend who was troubled and weary he knew, who'd be glad of a lift and who needed it, too;	
On him he would call and see what he could do	To-Morrow.
Each morning he stacked up the letters he'd write	To-Morrow.
And thought of the folks he would delight	To-Morrow.
It's too bad, indeed, he was busy to-day, and hadn't a minute to stop on his way;	
More time he would have to give others, he'd say,	To-Morrow.
The greatest of workers this man would have been	To-Morrow.
The world would have known him, had he ever seen	To-Morrow.
But the fact is he died and he faded from view, and air that he left here when living was through,	
Was a mountain of things he intended to do	To-Morrow.
You may be only one person in the world, but you may also be the world to one person.	

## ***Story: An Undiscovered masterpiece***

*“Nothing in the world can take the place of perseverance. Talent will not; nothing is more common than unsuccessful men with talent. Genius will not, unrewarded genius is almost a proverb. Persistence and determination alone are omnipotent.” (C. Coolidge)*

A few years ago, my friend Pam had some fairly serious health problems. She had been an invalid as a child and still suffered from a birth defect that had left a hole in one of the chambers of her heart. The births of

her five children, beginning with a difficult C-section, had also taken their toll. She had suffered surgery after surgery and had also put on weight for several years.

Diets had not helped her. She suffered almost constantly from undiagnosed pain. Her husband had learned to accept her limitations. He constantly hoped her health would improve, but he did not really believe it ever would.

One day they sat down as a family and drew up a “wish list” of the things they wanted most out of life. One of Pam’s items was to run in a marathon. Given her history and physical limitations, her husband thought her goal was completely unrealistic, but Pam became committed to it.

She began by running very slowly in the subdivision where they lived. Every day she ran just a little farther than she had the day before -just one driveway more. “When will I ever be able to run a mile?” Pam asked one day. Soon she was running three. Then five. I’ll let my husband tell the rest of the story in his own words: I remember Pam telling me something she had learned: “The subconscious and the nervous system cannot tell the difference between real and vividly imagined situations.” We can change ourselves for the better and cause ourselves to subconsciously pursue our most precious desires with almost total success, if we crystallize the images clearly enough in our minds. I knew Pam believed it and she had registered to run in the local Marathon. “Can the mind believe an image that will lead to self-destruction?” I asked myself as I drove the mountainous road. I parked our van near the finish line and waited for Pam to come in. The rain was steady and the wind was cold. The marathon had started over five hours ago. Several cold and injured runners had been transported past me, and I began to panic. The image of Pam alone and cold, off the road somewhere, made me sick with worry. The fast and strong competitors had finished long ago, and runners were becoming more and more sparse. Now I could not see anyone in either direction.

Almost all of the cars along the marathon route had left, and some normal traffic was beginning. I was able to drive directly up the race route. There were still no runners in view after driving almost two miles. Then I went around a bend in the road and spotted a small group running up ahead. As I approached, I could see Pam in the company of three others. They were smiling and talking as they ran. They were on the opposite side of the road as I pulled off and called between the now-steady traffic, “Are you okay?” “Oh, yes!” Pam said, panting only mildly. Her new friends smiled at me. “How far to the finish line?” one of them asked. “Only a couple of miles,” I said.

A couple of miles? I thought. Am I crazy? I noticed that two of the runners were limping. I could hear their feet sloshing in wet sneakers. I wanted to say to them that they had run a good race and offer them a ride in, but I could see the resolve in their eyes. I turned the van around and followed from a distance, watching for one or all of them to fall. They had been running for over five and a half hours! I sped around them and up to within a mile of the finish and waited.

As Pam came into view again, I could see her begin to struggle. Her pace slowed and she grimaced. She looked at her legs in horror as if they did not want to work any longer. Somehow, she kept moving, almost staggering.

The small group was becoming more spread out. Only a woman in her twenties was near Pam. It was obvious that they had become friends during the race. I was caught up in the scene and began running along with them. After a hundred yards or so I tried to speak, to offer some great words of wisdom and motivation, but my words and my breath failed. The finish line came into sight. I was grateful it had not been completely dismantled, because I felt that the real winners were just now coming in. One of the runners, a slim teenager, stopped running, sat down, and started to cry. I watched as some people, probably his family, came and carried him to their car. I could also see that Pam was in agony -but she had dreamed about this day for two years and she would not be denied. She knew she would finish, and this knowledge allowed her to confidently -even happily -pick up her pace the last hundred yards to the finish line.

Few people were left to congratulate my wife and marathon runner extraordinaire. She had run a smart race, stopping to stretch regularly, drinking plenty of water at the various water stops, and pacing herself well. She had been the leader of a small group of less-experienced runners. She had inspired and encouraged most of them home with her words of confidence and assurance. They openly praised and embraced her as we rejoiced in the park. “She made us believe we could do it,” her new friend stated. “She described so vividly how it would be to finish that I knew I could do it,” another said. The rain had quit, and we walked and talked in the park. I

looked at Pam. She was carrying herself differently. Her head was more erect. Her shoulders were squared. Her walk, even though she was limping, had a new confidence. Her voice held a new, quiet dignity. It was not as if she had become someone new; it was more as if she had discovered a real self she had not known before. The painting was not yet dry, but I knew she was an undiscovered masterpiece with a million things left to learn about herself. She truly liked her newly discovered self. So, did I.

## ***Jokes (164)***

### ***Truth***

A monk once said to Fuketsu: *“There is something I heard you say once that puzzled me, namely, that truth can be communicated without speaking and without keeping silent. Would you explain this please?”*

Fuketsu replied: *“When I was a lad in South China, ah! How the birds sang among the blossoms in the springtime!”*

### ***Truth***

A frog had lived all his life in a well. One day he was surprised to see another frog there.

*“Where have you come from?”* he asked.

*“From the sea. That’s where I live,”* said the other.

*“What’s the sea like? Is it big as my well?”*

The sea frog laughed. *“There’s no comparison,”* he said.

The well frog presented to be interested in what his visitor had to say about the sea. But he thought, *“Of all the liars I have known in my lifetime, this one is undoubtedly the greatest -and the most shameless!”*

### ***Prayer***

An old man would sit motionless for hours on end in church. One day a priest asked him what God talked to him about. *“God doesn’t talk. He just listens,”* was his reply. *“Well, then what do you talk to Him about?”* *“I don’t talk either. I just listen.”*

### ***The Four Stages Of Prayer:***

1-I talk, you listen.

2-You talk, I listen.

3-Neither talk, Both listen.

4-Neither talks, neither listens: silence.

## ***Famous Quotes (59)***

Matthew Chapter 6: 24-34 (Teaching About the Kingdom of heaven)

Jesus said:

No one can serve two masters. He will either hate one and love the other, or be devoted to one and despise the other. You cannot serve God and mammon. Therefore, I tell you, do not worry about your life, what you will eat or drink, or about your body, what you will wear. Is not life more than food and the body more than clothing? Look at the birds in the sky; they do not sow or reap, they gather nothing into barns, yet your heavenly Father feeds them. Are not you more important than they? Can any of you by worrying add a single moment to your life-span? Why are you anxious about clothes? Learn from the way the wild flowers grow. They do not work or spin. But I tell you that not even Solomon in all his splendor was clothed like one of them. If God so clothes the grass of the field, which grows today and is thrown into the oven tomorrow, will he not much more provide for you, O you of little faith? So do not worry and say, ‘What are we to eat?’ or ‘What are we to drink?’ or ‘What are we to wear?’ All these things the pagans seek. Your heavenly Father knows that you need them all. But seek first the kingdom of God and his righteousness, and all these things will be given you besides. Do not worry about tomorrow; tomorrow will take care of itself. Sufficient for a day is its own evil.